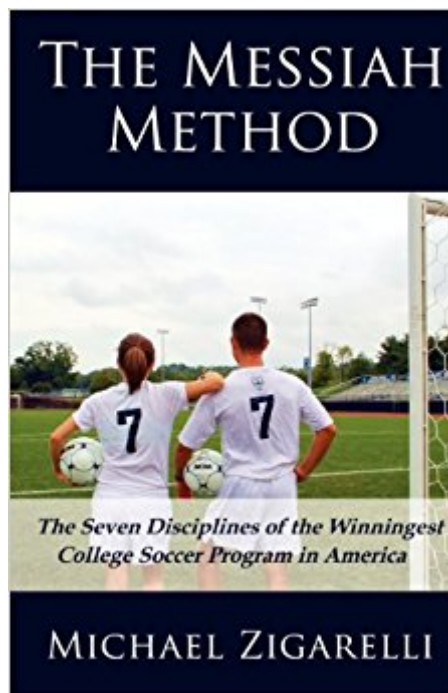




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# The Messiah Method: The Seven Disciplines Of The Winningest College Soccer Program In America



## Synopsis

How Excellence Happens From 2000 to 2010, the Messiah College soccer program-the men's team and women's team combined-posted the best record in NCAA soccer: 472 wins, 31 losses, and 20 ties. Few programs were even close. Seventeen Final Fours between them during this time. Eleven national titles. Unbeaten streaks measured not only in games, but in seasons. How do they do it? What's their secret of success? They use what might be called "the Messiah method," seven disciplines that propelled these teams from decent to dynasty. They're seven disciplines that can supercharge your team, too. Whether you're leading a sports program or a business or a school or a church or any other organization, there's a proven method to achieve breakthrough performance-and to sustain it year after year. It's The Messiah Method. It's how excellence happens. Michael Zigarelli is a Professor of Leadership and Strategy at Messiah College and the author of several books. He's also a high school soccer coach and an avid student of the game. You can reach him at [mzigarelli@messiah.edu](mailto:mzigarelli@messiah.edu)

## Book Information

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## Customer Reviews

I probably should have researched what Messiah College was all about. I'm not a Christian and while I understand wanting to bring glory to your God if that's how you roll, I have never bought into the concept that God cares that much about individual sports and their outcome. I am a product of Judeo-Christian values so I can buy into the team oriented values that are espoused, but as a secular coach, I find it harder to relate to a lot of what seems like a lot of gushy team building stuff all based on worshipping God. Cool if that's your thing but just be aware that is how the book is

oriented.

After reading some of the reviews on here I was skeptical on whether someone who does not have college aged kids would find it beneficial. I can tell you the answer is a resounding yes. The basic theme is that Messiah has developed a culture, through seven basic principles, that are the reasons for their success. With excellent examples of each of these disciplines as well as some commentary around why these disciplines are so important show the reader that these disciplines are easily transferable to almost anyone. Don't get caught up on the "Christian" labeling of the disciplines because IMO they are not bound to a specific religion but rather guidelines for anyone of any religion can follow, disclaimer I am not Christian. The view that trophies are not the most important part of college sports but the molding of good people is a lesson we could all take to heart.

I bought this book for my daughter who is a current college player. Being a former youth coach and soccer fan I had to read it for myself before passing on. This was a great read. If you have an interest in coaching (any sport), soccer, team work, and leadership then I think this book can work for you. For those coaches who aren't familiar with soccer I think this book will still work. There isn't a lot of soccer x's and o's. The book is very well written and is an easy read. Things are put in a simple language and the author gets to and sticks to the point. My only complaint is that quotes exceed examples. The quotes are great but I would have liked to have seen some more examples of how the principles are encouraged, used, and practiced. Regardless, it is still a wonderful read. Messiah has a grasp on something very important here. Life lessons galore. This book does a great service to the principles that they practice. I would highly recommend this for anyone who coaches, plays, or follows sports. If soccer happens to be your number one sport than I'd say it is required reading.....and my daughter loved the book as well.

What a refreshing insight on an outstanding program. Michael has courageously and obviously connected the "higher purpose" message in a way that should be acceptable to all. I have been a professional soccer coach for over 30 years and gained deep insights from each section. This should be required reading for ALL new collegiate coaches.

As the Athletic Director at an historic boarding school, I made this required reading for my entire coaching staff. These coaches, and Zigarelli in his recounting of their methods and beliefs, have laid a blueprint for success that extends far beyond the soccer pitch. Must read. I expect to read this

book many more times over the course of my career.

Well written and incredibly intriguing - a story of a powerhouse built on principles that go beyond passing, shooting, trapping, etc. Son read it and I have to believe a "light came on." Highly recommended for those who aspire for excellence in what they aspire....and that's on and off an athletic field.

We are implementing the Messiah principles in our basketball program. An excellent book for coaches and those in business / management. I do not recommend it for liesure reading.

Great read on the possibilities of transformational college sport culture and the opportunity athletic leaders have to integrate Biblical truth in sport.

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Five Things I Like Almost As Much As Playing Soccer. 1. Watching Soccer. 2. Talking About Soccer. 3. Books About Soccer. 4. Websites About Soccer. 5. ... Pages College Ruled (Composition Notebook) The Kids' College Almanac: A First Look at College (Kids' College Almanac: First Look at College) 100 Years of Soccer in America: The Official Book of the US Soccer Federation Smokin' with Myron Mixon: Recipes Made Simple, from the Winningest Man in Barbecue Smokin' Hot in the South: New Grilling Recipes from the Winningest Woman in Barbecue (Melissa Cookston) Smokin' in the Boys' Room: Southern Recipes from the Winningest Woman in Barbecue (Melissa Cookston) Smokin' with Myron Mixon: Backyard 'Cue Made Simple from the Winningest Man in Barbecue Built to Win: Inside Stories and Leadership Strategies from Baseball's Winningest GM E-Myth Mastery CD: The Seven Essential Disciplines for Building a World-Class Company Faithful Presence: Seven Disciplines That Shape the Church for Mission The Seven Festivals of the Messiah Why Soccer Matters: A Look at More Than Sixty Years of International Soccer Children's Book About Soccer: A Kids Picture Book About Soccer With Photos and Fun Facts Fun Soccer Drills that Teach Soccer Skills to 5, 6, and 7 year olds Soccer iQ Presents... High Pressure: How to Win Soccer Games by Smothering Your Opponent Coaching The Soccer Brain Using Small-Sided Games: 21 Ways to Manipulate Small-Sided Games In Order to Increase Game Intelligence, Raise The Soccer IQ & Develop Thinkers Strategize: Playing Multiple Formations. Making In-Game Adjustments. Developing A Tactical Soccer Mind. Taking A Look At Soccer's Tactical History. Coaching Elementary Soccer: The easy, fun way to coach soccer for 6-year-olds, 7-year-olds, 8-year-olds,

9-year-olds, and 10-year-olds (kindergarten, first-grade, second-grade, and third-grade) Ronaldo: A Boy Who Became A Star. Inspiring children book about Cristiano Ronaldo - one of the best soccer players in history. (Soccer Book For Kids)

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